FTEM stages

Non-Elite

(Foundation Movement)

Gymsport: Women's Artistic Gymnastics

Pre-Elite

(Potential to be Elite)

Elite

(Senior International)



















Phases &

Basic Movement **Foundations**

Extension & Refinement of Movement **Foundations**

Sport-specific Commitment &/or Competition

Demonstration of Potential

Talent Verification

Practicing

Breakthrough

Senior National

Podium Success

Sustained Success

description

YOU are:







& Achieving

Athletes are tracked and monitored for possible talent transfer opportunities; principally across gymsport or to Diving and Aerial skiing

Reward

Representation

at E2



Launchpad, Kindergym, Gymfun, Gymskills - non gym sport specific

activities



Foundation NL 1-2 of the WAG competitive framework and Gym For All, - all registered members of GA



Competitive framework Australian NL 3 -10. Athletes compete at at local, state or national events.



of training sessions to suitability to HP Gymnastics. (determines coachability, resilience, commitment,

Further assessment of HP suitablility by

Subsequently attends a series work ethic etc.)



participating in the HP training process and events at a State WAG: IL 2 - 6. Curriculum hased development: Athletes monitored for physical and skills progression via IDEAL skills via State testing and using the VAT

Committed to daily training & competition within a HP development program & progress to State & National testing & competition WAG: IL 7-10 Eligable to attend pathways activities eg Team Future Camps. Curriculum based development: Athletes monitored for physical and skill progression via IDEAL skills using the VAT

Junior and Senior International level gymnast. **Invited & attends** TFA, Green & **Gold National** camps. Program progression from Pathways managed to being led by HP staff. Case management via the IAP. Selected to Aust. teams for nonbenchmark events.

An Australian Senior representative at the Olympics or a World Championship





