

Non-Elite (Foundation Movement)

Gymsport: Rhythmic Gymnastics

Pre-Elite (Potential to be Elite)

(Senior International)



















Elite



Phases & description

Basic Movement **Foundations**

Extension & Refinement of Movement **Foundations**

Sport-specific Commitment &/or Competition



Talent Verification

Practicing & Achieving

Breakthrough & Reward

Senior National Representation

Podium Success

Sustained Success at E2

























YOU are:

Launchpad, Kindergym, Gymfun, Gymskills - non gym sport specific activities

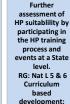
members of GA

Foundation Levels 1-2 of the RG competitive framework - all registered

Competitive framwork open divisions of National levels 3 -10

Demonstrated talent at TID day or event which lead to further HP development opportunities. Driven by individual programs.

Subsequently attends a series of training sessions to assess suitability to HP Gymnastics. (determines coachability, resilience, commitment, work ethic etc.)



Athletes

Committed to daily training & competition within a HP development program & progress to State & National testing & competition RG: Int L7-9 Jnr Eligable to attend **Team Future** activities

monitored for Curriculum based physicial and development: skills progression **Athletes monitored** via IDEAL skills for physicial and using the VAT skills progression via IDEAL skills using the VAT

Inr and Snr International level gymnast. Invited & attends Jnr/Snr National camps and TFA activities. Program progression from Pathways managed to being

led by HP staff. Case management via the IAP. Selected to Aust. teams for nonbenchmark events.

A medal winner An Australian Senior (Gold, Silver or Bronze) at the representative at the Olympics Olympics or a World or a World Championship Championship event event

A multiple Olympic or World Championship medallist over multiple cycles

