Gymsport: Trampoline Gymnastics

FTEM stages

Non-Elite

(Foundation Movement)

Pre-Elite

(Potential to be Elite)

Elite

(Senior International)





















Phases & description

Basic Movement Foundations Extension & Refinement of Movement Foundations



ific Demonstration ent of Potential

tration Talent ential Verification

Practicing & Achieving

Breakthrough & Reward

Senior National Representation

onal Succ

Podium Success

Sustained Success at E2

Athletes are tracked and monitored for possible talent transfer opportunities; principally to Diving and Aerial skiing





















YOU are:

Launchpad, Kindergym, Gymfun, Gymskills - non gym sport specific activities Competitive framework National Levels 1-3 TRP - all registered members of GA Competitive framework National levels 4 -10. Athletes compete at Local, State or National events Demonstrated talent at TID day or event which lead to further HP development opportunities.

Subsequently attends a series of training sessions to assess suitability to HP Gymnastics. (determines coachability, resilience, commitment, work ethic etc.)

Further
assessment of
HP suitability by
participating in
the HP training
process and
events at a State
level.

TRP: L4 U 11, L 6 U 13. Curriculum based development: Athletes monitored for physical and skills progression via IDEA skills using the VAT

Committed to daily training & competition within a HP development program & progress to State & National testing & competition (e.g. Team Future the GA NTID program.) TRP: Youth U13. U15. Curriculum based development: Athletes monitored for physical and skills progression

via IDEA skills using

the VAT

Junior and Senior International level gymnast. **Invited & attends** TFA, Junior & Senior National camps. Program progression from **Pathways** managed to being led by HP staff, Case management via the IAP. Selected to Aust. teams for nonbenchmark events. JNR U17, U19 and SNR

An Australian Senior representative at the Olympics or a World Championship event A medal winner (Gold, Silver or Bronze) at the Olympics or a World Championship event A multiple Olympic or World Championship medallist over multiple cycles

