



**Gymnastics**  
New South Wales

# Gymnastics NSW

## State Team

### POSITION DESCRIPTION

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Position Title: **Team Coach**

Reports To: Team Manager / Head Coach

Location: Varied

The selection onto a GNSW state team is a prestigious honour that only a handful of athletes and officials are recognised with each year. To ensure the best possible performance at the Australian Championships, and to provide a transparent decision making process, Gymnastics NSW (GNSW) has developed this policy. It should be used in conjunction with the Gymnastics NSW Selection Policy and the sport specific criteria.

#### Position Objective

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The Team Coach is required to:

- Provide the best coaching and structure available to ensure the state team competes at their highest level.

#### Specific Duties

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The Team Coach will perform the following duties:

- a) Relay any concerns/issues identified by the coaching team to the Head Coach / Team Manager;
- b) Be aware of training schedules and competition timetables, athletes and team structure and other items related to fitness and performance prior to departure;
- c) Liaise with the Team competitor's personal coach if appropriate and endeavour to obtain the necessary information to ensure the athlete is able to achieve their personal best;
- d) Arrange, in conjunction with the Head Coach / Team Manager through Sports Medicine, any fitness testing necessary before departure;
- e) Establish an appropriate training program for the duration of the tour;
- f) Ensure, in conjunction with the Head Coach / Team Management through Sports Medicine, that athletes have access to and seek medical and physiotherapy treatment as required;
- g) Have a willingness to assist with supervisory and chaperoning duties as required by the team management;
- h) Attend all meetings as required by the team management;



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- i) Follow all directions and instructions provided by the team management and in team meetings;
- j) Consult with the Head Coach on all matters and specifically on any problems with Team Members;
- k) Work cooperatively and communicate with NSW team management, coaches, judges, chaperones, officials and athletes in the interest of the NSW State Team;
- l) While on tour, the coach with the other officials is responsible for the gymnasts' well-being – physical, mental, and emotional, their program, training, recreation, sleeping and meals.
- m) Supervise training, personal appearances, eating habits/diet, conducive to competition performance.
- n) Ensure a good Team spirit so that all gymnasts may participate and perform to their personal best.
- o) Accompany any athlete from your Gymsport for drug testing, if requested by the Team Manager.
- p) Is responsible for assisting in developing and submitting the order of work in accordance with the regulations. This will be determined in consultation with other Team Coaches, Head Coach and Team Manager.
- q) Read, understand and comply with all Gymnastics NSW Policies and in particular the 'Drug and Alcohol Management Policy', 'Working with Children Policy', 'Member Protection Policy' and applicable 'Codes of Conduct'.

## Attributes

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To be considered for this role you will be an experienced gymnastics coach with the required level of coaching accreditation. You will be a team player with a willingness to coach all athletes on the team. You will be responsible and will have the desire to represent NSW to the highest standard.

## Reviews

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Provide any relevant feedback on areas that worked well, areas that need attention and recommendations for future teams and individuals. This feedback should be provided to the Head Coach at the conclusion of the event for inclusion in the Team Report.