

Certificate II Sports Coaching

CERTIFICATE II
SPORT COACHING

What is the Cert II in Sport Coaching?

This is a nationally recognised qualification. This qualification will open opportunities for paid job opportunities in sports coaching and can be used in some instances to gain credits within schools and other education institutions.

How do I get it?

You will automatically be issued with SIS20512 Certificate II in Sports Coaching if you successfully complete:

- Beginner Coach Accreditation
- Intermediate Coach Accreditation
- Provide First Aid HLTAID003 (to be organised by the coach) and SUBMIT the certificate to the LMS or to the State/Territory Association for approval



What next?

Now that you are teaching high level skills, the next steps are Advanced Silver and High Performance Coach courses. These will be completed through a combination of Pre-course learning and FIG courses (Federation of International Gymnastique).

Further information can be found on Gymnastics Australia website www.gymnastics.org.au

Updating Points

Updating is professional development for coaches. To renew your technical membership each year, you need to show that you are staying current and continually learning. The purpose of learning is to ensure that you maintain your competency. You are required to provide evidence of your learning by collecting points to show that this has occurred. All the information that you need to know about updating can be found in the Updating Policy. Found on www.gymnastics.org.au

How to get points?

Some of the easiest ways to gain points are through the following:

- Attend the annual GNSW Professional Development Conference
- Complete online learning
- Complete Face to Face learning by attending workshops, these can held by your clubs or in your regions

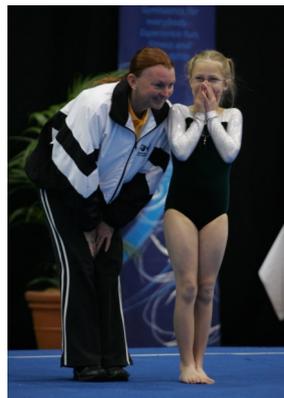
There are many other ways you can gain points, please refer to our website for more ideas. www.gymnsw.org.au

How do I get the points?

You will submit evidence i.e. certificates, feedback forms, or simply by signing your name on the roll at a workshop sanctioned by GNSW.

How many points do I need?

The Updating Policy shows further clarification on how many points you need and what each activity is worth.

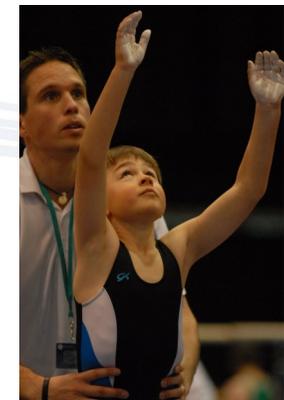
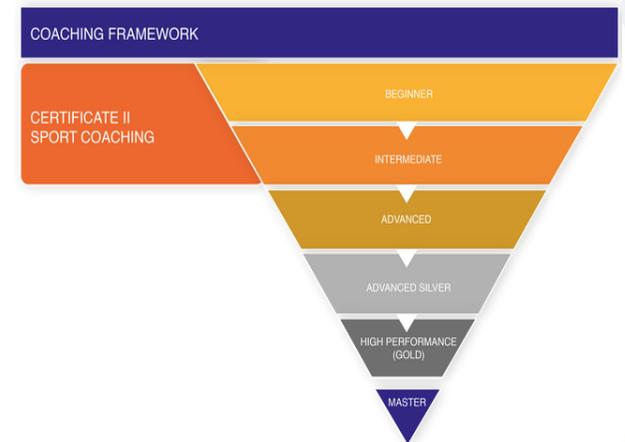


For more information on coaching courses, please go to www.gymnastics.org.au



Gymnastics
New South Wales

Understanding the Education Framework



www.gymnsw.org.au

BEGINNER

For all gymnsports and covers
HOW to coach, not what to coach

What is the Beginner course

The first step to becoming a gymnastics coach, the course is generic to all Gymnsports and introduces the concepts of coaching.

What does it allow me to do?

Coach under supervision, assist Intermediate or above coaches. You can not take a class alone.

What do I need to do?

Step 1: Create an account on the LMS (learning.gymnastics.org.au)

Step 2: Complete the Online Beginner Course

Step 3: Look at the NSW Education Calendar at www.gymnsw.org.au and book a Face to Face Course

Technical membership - You must keep renewing your membership each year, you will be prompted via Gymnastics Australia to do so.

*Please note that your supervisor must have completed the online supervisor course at learning.gymnastics.org.au and be an accredited coach.



¹ Minimum 14 years old

INTERMEDIATE

Choose a Gymnsport to 'specialise' in

What is the Intermediate course

This is where you specialise in different Gymnsports. You can do one Gymnsport a number of Gymnsport courses.

What does it allow me to do?

Coach alone, take classes by yourself coaching the skills within your competency. Coach at appropriate level competitions.

What do I need to do?

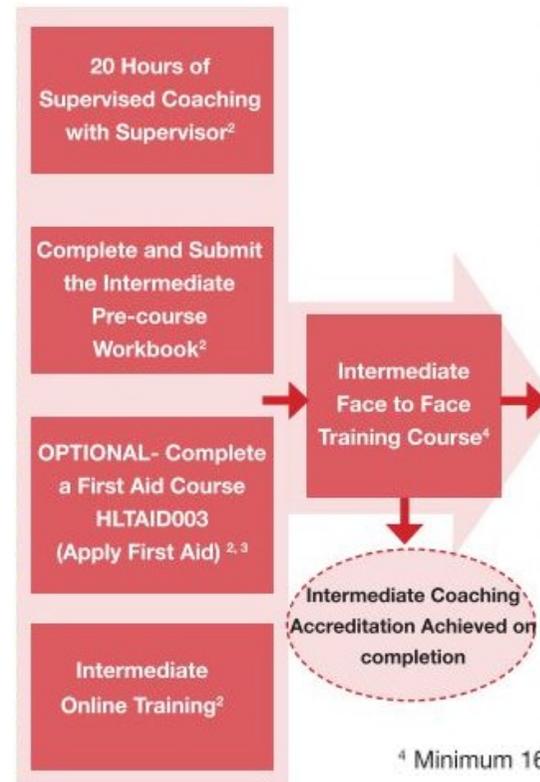
Step 1: After successfully completing the Beginner course, you will receive an email with the Pre-Course workbook and info on the next steps. Read this carefully.

Step 2: Complete the below pre-course requirements at any time in any order.

Step 3: Once you have completed all of the Pre-Course tasks, UPLOAD your workbook at learning.gymnastics.org.au.

Step 4: Look at the NSW Education Calendar at www.gymnsw.org.au and book a Face to Face Course.

Technical membership - You must keep renewing your membership each year, you will be prompted via Gymnastics Australia to do so.



⁴ Minimum 16 years old

ADVANCED

Continue gaining experience in your chosen Gymnsport
(A key skill focus in this course is the front & back somersault)

What is the Advanced course

You are now advancing onto more difficult skills and running competitive programs and want to gain an accreditation to teach higher level skills.

What does it allow me to do?

Take classes or squads alone, attend higher level competitions with your gymnasts.

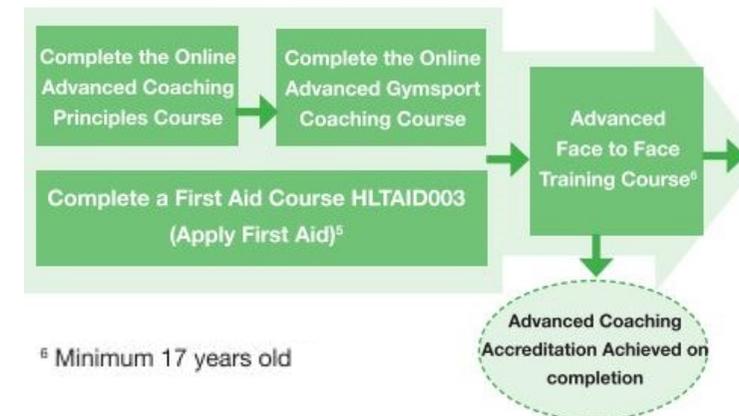
What do I need to do?

Step 1: After successfully completing the Intermediate Course, you can immediately begin your workplace training via the LMS learning.gymnastics.org.au.

Step 2: Complete the above pre-course requirements at any time in any order, once completed UPLOAD the completed tasks to learning.gymnastics.org.au

Step 3: Look at the NSW Education Calendar at www.gymnsw.org.au and book a Face to Face Course

Technical membership - You must keep renewing your membership each year, you will be prompted via Gymnastics Australia to do so.



⁶ Minimum 17 years old

² Can be completed simultaneously

³ Compulsory for certificate II qualification

⁵ Can be completed at the same time as the online courses