

## BEGINNER

For all gymsports and covers  
HOW to coach, not what to coach



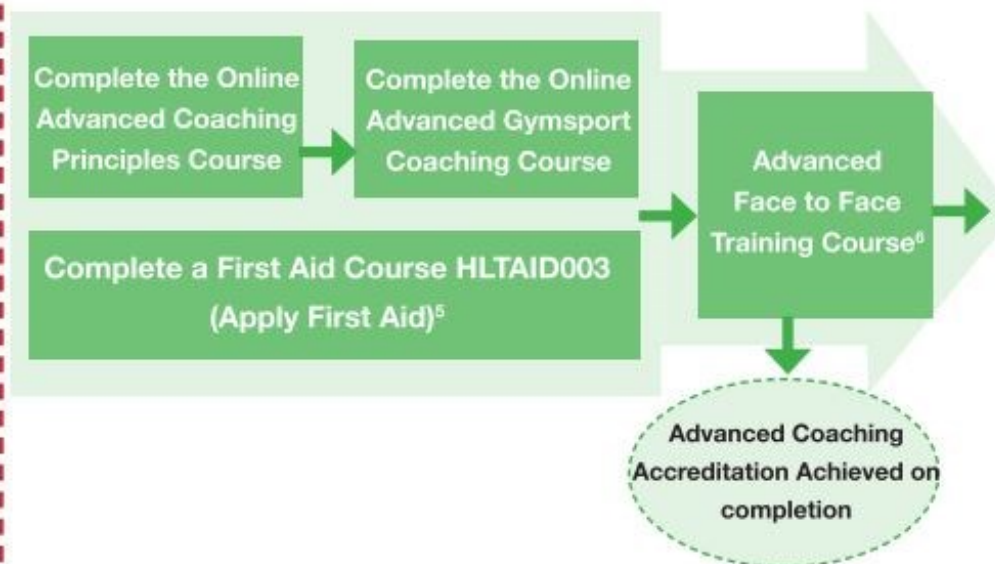
## INTERMEDIATE

Choose a Gymsport to 'specialise' in  
Covers gymsport specific information  
WHAT to coach



## ADVANCED

Continue gaining experience in your chosen Gymsport  
(A key skill focus in this course is the front & back somersault)



N.B. Some exemptions may apply (eg. teachers).

Please contact [education@gymnsw.org.au](mailto:education@gymnsw.org.au)

<sup>1</sup> Minimum 14 years old

<sup>2</sup> Can be completed simultaneously

<sup>3</sup> Compulsory for certificate II qualification

<sup>4</sup> Minimum 16 years old

<sup>5</sup> Can be completed at the same time as the online courses

<sup>6</sup> Minimum 17 years old